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Lara Buffard &
Gur Arie Piepskovitz:

How to Redeem Yourself
with 7 Deadly Sins?

How to Redeem Yourself with 7 Deadly Sins? By Lara Buffard & Gur Arie Piepskovitz



Drawing by Gur Arie Piepskovitz

How to find your true inner-self?

Join in to our exclusive coffee enema workshop.

How to get a 6-Pack with this simple device?

How to become one with your community?

Come and learn the ancient Chinese secret!

How to save my relationship?

All you need is a cellophane paper and a pair of scissors.

How to find your other half?

Meet our experts in this Hide & Seek event

How to become rich using a revolver and morphine?

How to redeem yourself with only 7 deadly sins? It's time to embrace your sin!

A psycho-spiritual confessional session where the audience gets to associate themselves with fellow sinners and expose our most prominent deadly sin (one of the 7 starring in the New testament).



At the Ilka Theurich Studio, 2017.

A ritual where one takes a selfie of their evil-self.
Should one be de-possessed or indulge in the swamp
of eternal flame/fame?

It's a new-age therapy inspired by the dark-ages.

The audience will be asked to answer this "piercing"
quiz which reveals their deadly sin.

The audience members are divided into groups by
their sins and go through a series of different rituals
and tasks to tackle their inner-demon and give it a
welcoming hug. This project explores the coerced
division between good and evil, and theatre and per-
formance accordingly. Those who are in, are invited
to participate in a demonic workshop conducted by
Jew-Venile and Vita- Dolorosa who will be oscillating
abruptly between clinical and ironic manner, improvi-
sation and written text.



Our ritual is inspired by the crafts of the liturgical rhetorician Peter Binsfeld (1540-1598) that associated each deadly sin to a different demon; Pride – Lucifer. Envy – Beelzebub. Wrath – Satan. Sloth – Abaddon. Greed – Mammon. Gluttony – Belphegor. Lust- Ashmodeus.

This will be done through alternating between the intellectual (discussion and sharing of our “sinful” experiences) and our intuition (accessed through movement, sound and other-worldly games), investigating the foundations and symbols of old rituals.

Each session would start by taking polaroid-pictures of all of us and will end with burning these images, leaving our old-selves behind.



Western culture and monotheistic religion have this ingrained belief that there's a division between Good-selves and Evil-selves, but we challenge this by creating a community which is not afraid to shed light on this dark division. As a result, the work requires some risk-taking (emotional, physical) and it is not for the faint hearted.

We hope to make a piece that is participatory, thought-provoking, exhilarating and healing.

images taken by Liz Gorman



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